God’s Just Desserts:

An informal sharing of personal stories of planned and spontaneous charitable gifts, complimented by an overview of the advantages of charitable giving.

TODAY, Sunday, May 21, 2017

11:30am– 1pm in ‘Ohana Lani

Light lunch at 12:15pm.

Childcare available.

RSVP at http://tinyurl.com/CBTSCharitableGiving2017

or call the church office (808-377-5477) and speak with Lehua.

Hosted by CBTS Endowment Team
**Flowers for the Altar**

Celebrate an occasion or remember a loved one by providing flowers for the Altar. Sign up Today!

**Note:** Flowers must be in Sanctuary by 7am—Sundays or can be brought and stored in fridge on Saturday night. Call the office (808-377-5477) for more info.

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**Sunday Refreshments**

Sign up to provide refreshments for Sunday Services on the 2017 Food Chart at the back of the Sanctuary.

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**Happy Birthday**

May 23
Dwayne Jeremiah

May 25
Alisa Taniguchi

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**Youth Trip Parent Meeting**

**TONIGHT, Sunday, May 21**

5:30 p.m.

Ohana Lani Building

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**PICK UP YOUR MEMBERSHIP DIRECTORY AT THE USHERS TABLE TODAY!**

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**Calvary Hike**

*In the spirit of “Hike with Mike”*

**Date:** Sunday, May 28,

**Time:** Meet at Calvary by 11:45am

**Place:** Wahiawa Botanical Gardens

Bring or wear walking clothes to church.

*See flyer on bulletin board for more information.

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**THIS WEEK’S CALENDAR**

**Sunday, May 21, 2017**

- 7:30am PAC Worship
- 8:45am Choir Rehearsal
- 10:00am PAC Worship
- 10:10am Sunday School
- 11:30am God’s Just Desserts
- 5:00pm AA Meeting
- 5:30pm Youth Trip Meeting

**Monday, May 22, 2017**

- 6:00pm Brain Dance Meditation

**Tuesday, May 23, 2017**

- 6:30pm Aina Haina Preparedness
- 6:30pm Handbell Rehearsal
- 7:00pm Hula

**Wednesday, May 24, 2017**

- 12:00pm Movement Wednesday w/Pu
- 1:00pm Voice Class w/Tom Poole
- 5:30pm Zumba by the Sea
- 6:45pm Yoga by the Sea

**Thursday, May 25, 2017**

- 12:30am ‘Ohana Drop
- 6:30pm Life Group Book Study

**Friday, May 26, 2017**

- 10:30am ANC Food Distribution
- 7:00pm The Way to Love Class
- 8:00pm AA Meeting

**Saturday, May 27, 2017**

- 8:30am Yoga by the Sea
- 9:00am Calvary in the Sea

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**Movie by the Beach**

**Sunday, May 28**

6:00pm in Ohana Lani

The movie we will watch is titled

*St. Vincent*

Starring, Melissa McCarthy & Bill Murray.
**Our Thoughts and Prayers are with...**

Being able to communicate with God on behalf of ourselves and someone else is a great gift God gives us. We ask that you join us in the this gift. You can phone in a name and request, write it down on a prayer request form, or e-mail a request to cbts@calvarybythesea.org. We also ask that as prayers are answered that you submit their name again for a thank you to God for answered prayer.

Alicia & Celesta
Alohilani Kaleikau
Angel Network
Arthur Harvey
Beaverly Twing
Bob Blew
Brandon White
Carl
Carmen Terra
Cheryl Reed ‘Ohana
Christensen ‘Ohana
Cindy Chow-Lapshies
Cristen Clark
Daralyn Pomroy
Day ‘Ohana
Della Turle
Denise Timmerman
Domenic Patti
Dorothy Ako
Doyle Cox
Drew Keith
Dr. Francis Johnson
Fleeger Family
Fornaro Family
George Ho
Gina Choi
Herve Montagne
HKRC Residents
Hoffmann Family
Jack & Shirley
Jack Aaron & Family
Jadon Sansgaard
James Rosenberry
Jesse Jones Family
Jiang
Johanna Rozzi
John Remus
Jonathan West
Johnson Family
Judy Joseph
Judy Kimsey
Judy Magin
Julie D.
Justin Dunn Family
Kalani Osorio
Kai Lapshies
Kayla Simmons
Kim Tath
Laura Sprowls
Lilianari Maslonka
Lisa Chaffin
Lorraine M.
Louis C.
Machiko Somiya
Mackenzie Pagano
Mahon ‘Ohana
Marty & Jen Welch
Meghan Mix
Mick K.
Miller ‘Ohana
Milton Okamoto
Myklyn Dillard
Nancy H.
Naomi Pickerel
Nick Pang Family
Nicolle Strighill
Olga Bohne
Pamela C.
Paris Lindsay
Patsy Chong
Pearl Tranetzki
Poremba Family
Ramos Ohana
Rex Adelberger
Rhonda Chaffin
Robert Smith
Sage Kong Kee
Schmitt Family
Schultz Family
Sharon Nakaue
Sheri Botsai
Shirley Forge
Skip Boulton
Son Yoon
Susie Ahern
Sylvestor Family
Tiffany Tyner
Tina Howard
Tonga Ho
Ulfi Andersen
Victoria Macalino
Vince Rozzi
Virginia Velci
Wright Family
Youngman Kwon

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**BRAIN DANCE MEDITATION**

Heal move reflect and integrate with this Mind, Body, Spirit practice. Open to individuals of ALL ages! Anyone is welcome to come restore and rebuild by moving with our indwelling spirit to Sacred Music.

**Last Dance Meditation**

**Monday May 22 – Hale Aloha.**

*On summer break till August.*

Hearts and spirits lead by Pulelehua Quirk.

Questions? Email kaleidoscopinghearts@gmail.com

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**Scripture Reading Training Class**

Each Sunday we are blessed to be able to read, study, and learn from the scriptures. Join Worship and the Arts Director, Tom Poole, for a training class in the spiritual art of publically reading scripture during worship services.

**Sunday, June 4, in the Sanctuary following the 10am worship.**

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**MOVEMENT AND MUSIC WEDNESDAYS**

**Last MOVEMENT session- May 24th!**

Moving Meditations on the Breath and Songs that build the breath. Come join us for a moving meditation with Pulelehua (from 12-1pm in Hale Aloha) then Tom Poole will lead us in singing (from 1-2pm in Tom’s Office).

Come for one. Come for both!
THE ADULT FORUM Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. The Forum meets when a topic or series have been developed. Watch the Sunday activity bulletin, and newsletter for topics.

ANGEL NETWORK CHARITIES Donations through “The Whale” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mac” Macalino at 386-8644.

BIBLE STUDY CLASS Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 2 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

BOOK OF THE MONTH GROUP May’s Book of the Month is “The Emerald Mile: The Epic Story of the Fastest Ride in History Through the Heart of the Grand Canyon” by Kevin Fedarko. We will meet on Thursday, May 25, 2017 at Assagio’s Koko Marina at 6:00pm. For additional information please call Cindi John at 225-8240.

CALVARY IN THE SEA (CITS) Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 808-312-0859.

GLOBAL MISSIONS TEAM For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

KE ALA OLA Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kaui Lucas at 282-2007.

MEN'S ADVENTURES IN SPIRITUALITY A group not for everyone. Meets Saturdays at 7:30 am on the Marina side of Cha Cha Cha Salsaria in Hawaii Kai. Ed Kimsey, 732-0268.

PRAYER CIRCLE Come join Pastor Tim in his office on Thursday mornings at 9:00 am for Prayer Circle! We will pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

STEPHEN MINISTERS Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

YOGA BY THE SEA Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

ZUMBA BY THE SEA Join fitness instructor, Brenda Molina, at Zumba by the Sea. Classes are held each Wednesday at 5:30 pm in Hale Aloha. Check-in at 5:20 pm. Zumba is great for all ages and fitness levels. Please wear comfortable shoes and workout clothing. For more information call or text Brenda at 808-675-8801, or e-mail her at brendastarr7@gmail.com for details.