Satuday Sunset Worship!

Calvary by the Sea Lutheran Church offers a weekly Saturday evening Bible Study and Worship Service.

Saturday, May 21, 2016

• Bible Study: 5-6pm in the loft
• Worship from 6:30–7:30pm in the Sanctuary
**THIS WEEK’S CALENDAR**

**Sunday, May 15, 2016**
- 7:30am Worship - Sanctuary
- 8:45am Choir Rehearsal - Sanctuary
- 8:45am Sacred Dance - Hale Aloha
- 10:00am Worship - Sanctuary
- 5:00pm AA Meeting - Hale Aloha

**Monday, May 16, 2016**
- 7:30pm AA Meeting - Hale Aloha

**Tuesday, May 17, 2016**
- 6:30pm Handbell Rehearsal - Ohana Lani
- 6:30pm Stephen Ministry - Loft
- 7:00pm Hula - Sanctuary

**Wednesday, May 18, 2016**
- 5:45pm Zumba by the Sea - Hale Aloha
- 6:45pm Yoga by the Sea - Hale Aloha

**Thursday, May 19, 2016**
- 9:00am Prayer Circle - Pastor’s Office
- 6:00pm COD Meeting - Loft
- 6:30pm Life Group Book Study - Hale Aloha

**Friday, May 20, 2016**
- 10:30am Bible Study - Hawaii Kai Retirement
- 7:00pm Awareness Book Study - Loft
- 7:00pm Diane Lau’s Memorial - Sanctuary
- 8:00pm AA Meeting - Hale Aloha

**Saturday, May 21, 2016**
- 8:30am Yoga - Hale Aloha
- 5:00pm Calvary Bible Study - Loft
- 6:30pm Saturday Sunset Worship - Sanctuary

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**Flowers for the Altar & Sunday Refreshments**

Many thanks to **The Mason ‘Ohana**

Who provided today’s Flowers for the Altar as well as the Sunday refreshments in celebration of Andrew’s 21st birthday. **Happy Birthday Andrew!**

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**Happy Birthday**

May 15
- Andrew Mason

May 16
- Deven Abilay
- William Kohal
- Charles Mckeon

May 18
- Miranda Lum
- Jamaica Osorio
- Essence Sylvester
- John Travis

May 19
- Linda Ahlers

May 20
- Arthur Harvey
- Ken Hutchinson
- Ryan Larson
- Julia Sprowls
- Philip Wang

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**Stephen Ministers**

The next Stephen Ministry Supervision meeting will be on **Tuesday, May 17, from 6:30pm to 7:30pm in the Loft.**

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**The Calvary Handbell Choir is looking for 3 new members!**

Rehearsals are held every Tuesday from 6:30-7:30pm in Ohana Lani.
If interested please contact Ina Young at ina.young82@gmail.com.

*No music experience needed.*

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**Traffic Alert!**

On **Sunday, May 22nd, 2016** the Annual Ekiden Marathon will take place along Kalanianaole Hwy.
Expect lane closures.

Please allow yourself extra time to get to Worship service.

See you in church!
Our Thoughts and Prayers are with…

Being able to communicate with God on behalf of ourselves and someone else is a great gift God gives us. We ask that you join us in this gift. You can phone in their names and requests, write them on the prayer request forms, or e-mail requests to cfts@calvarybythesea.org. We also ask that as prayers are answered that you submit their name again for a thank you to God for answered prayer.

Alicia & Celesta
Annie Christiensen
Arild Christiensen
Arthur Harvey
Becca White
Beverly Twing
Bob Blue
Bob & Judy Joseph
Calvary Preschool
Carl
Carmen Terra
Carol Mahon
Cheryl Reed & Ohana
Cristen Clark
Cindy Chow-Lapshies
Daralyn Pomroy
Day ‘Ohana
Della Turle
Denise Timmerman
Diane Lau
Domenic Patti
Doyle Cox
Dylan & Laura
Herve Montagne
HKRC Residents
James Rosenberry
Jennifer Delaney
Jiang
John Anolani Remus IV
Jonathan West
Judith Magin
Julie D.
Kai Lapshies
Keith Family
Kim Tath
Lilianani Maslonka
Lisa Chaffin
Lori Worthington
Lorraine M.
Louis C.

Machiko Somiya
Mackenzie Pagano
Marika & Matt Fleeger
Marty & Jen Welch
Mary Osorio
Matthew M.
Mick K.
Milton Okamoto
Myklyn Dillard
Nancy H.
Naomi Pickerel
Nick Pang & Family
Nicolle Strighill
Olga Bohne
Pamela C.
Paris Lindsay
Patsy Chong
Pearl Tranetzki
Poremba Family
Ramos Ohana
Rev. Larry Gardner
Rex Adelberger
Rhonda Chaffin
Robert Smith
Rusty Schultz & Family
Sage Kong Kee
Schmitt Family
Sharon Young-Nakaue
Shirley Forge
Son Yoon
Susie Ahern
Sylvester Family
Tiffany Tyner
Tonga Ho & George Ho

*** Please submit prayer requests using the prayer insert sheets provided in the pew folders and at the ushers’ table, via email or call to our office at 808-377-5477. We would love to pray for you!
**THE ADULT FORUM**
Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. The Forum meets when a topic or series have been developed. Watch the Sunday activity bulletin, and newsletter for topics.

**ANGEL NETWORK CHARITIES**
Donations through “The Whale” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mac” Macalino at 386-8644.

**BIBLE STUDY CLASS**
Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 2 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

**BOOK OF THE MONTH GROUP**
May’s Book of the Month is “The Lion, The Witch and The Wardrobe” by C.S. Lewis. Meeting will be Thursday, May 26th at 6:30pm at Assagio’s Koko Marina. For more information please contact Cindi John at 225-8240.

**CALVARY IN THE SEA (CITS)**
Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 253-970-2435.

**CANCER COACH**
Have you had cancer? Do you have a family member who had or currently has cancer? Need to talk to someone? Jesse Jones, a 32 year cancer survivor, offers one-on-one support sessions. Please contact Jesse at jj42@aol@gmail.com or by phone at 702-4930066.

**GLOBAL MISSIONS TEAM**
For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

**KE ALA OLA**
Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kauai Lucas at 282-2007.

**MEN'S ADVENTURES IN SPIRITUALITY**

**PRAYER CIRCLE**
Come join Pastor Tim in his office on Thursday mornings at 9:00 am for Prayer Circle! We will pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

**STEPHEN MINISTERS**
Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

**YOGA BY THE SEA**
Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45 pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

**ZUMBA BY THE SEA**
Join fitness instructor, Brenda Molina, at Zumba by the Sea. Classes are held each Wednesday at 5:45 pm on the Sanctuary oceanfront lawn. Zumba is great for all ages and fitness levels. Please wear comfortable shoes and workout clothing. For more information call or text Brenda at 675-8801, or e-mail her at brendastarr7@gmail.com for details.