Gratitude Attitude Luncheon

Sunday, November 13
11:30 a.m. in Ohana Lani

A time to express our gratitude for the blessings God has given. An opportunity for members and visitors to get to know each other better and celebrate our community of Calvary by the Sea.

Lunch and child care will be provided.
Please fill out and bring your 2017 pledge sheets.
### THIS WEEK’S CALENDAR

**Sunday, October 30, 2016**
- 7:30am Worship
  - Sanctuary
- 8:45am Choir Rehearsal
  - Sanctuary
- 9:00am Communion & Altar Class
  - Sanctuary
- 10:00am Worship
  - ‘Ohana Lani
- 10:10am Sunday School
  - ‘Ohana Lani
- 3:00pm PAC Rehearsal
  - ‘Ohana Lani
- 5:00pm AA Meeting
  - Hale Aloha

**Tuesday, November 1, 2016**
- 6:30pm Handbell Rehearsal
  - ‘Ohana Lani
- 7:00pm Hula
  - Sanctuary

**Wednesday, November 2, 2016**
- 12:00pm Healing Movement
  - Hale Aloha
- 1:00pm Healing Music (Voice Class)
  - Tom’s Office
- 2:45pm Children’s Choir
  - Hale Aloha
- 5:30pm Zumba by the Sea
  - Hale Aloha
- 6:00pm Confirmation Class
  - Loft
- 6:45pm Yoga by the Sea
  - Hale Aloha

**Thursday, November 3, 2016**
- 6:15pm Kaleidoscoping Hearts
  - Oceanfront Lawn
- 6:30pm Life Group Book Study
  - Loft
- 6:30pm Choir Rehearsal
  - ‘Ohana Lani

**Friday, November 4, 2016**
- 10:30am Bible Study
  - Hawaii Kai Retirement
- 7:00pm Way to Love Class
  - Sanctuary
- 8:00pm AA Meeting
  - Hale Aloha

**Saturday, November 5, 2016**
- 8:30am Yoga by the Sea
  - Hale Aloha
- 9:00am Calvary in the Sea
  - Beachfront
- 5:00pm Bible Study
  - Loft
- 6:30pm Saturday Sunset Worship
  - ‘Ohana Lani

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**Flowers for the Altar**

We extend a BIG Mahalo to **Sheri Botsai**

Who provided today’s Flowers for the Altar in Memory of Mother

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**Sunday Refreshments**

Big THANK YOU to **Cindy Sharp**

Who provided the Sunday service refreshments.

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**Happy Birthday**

<table>
<thead>
<tr>
<th>October 31</th>
<th>November 5</th>
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<tbody>
<tr>
<td>Jessie Benson</td>
<td>Sherein Alexander</td>
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<tr>
<td>Beverly Fink</td>
<td>Kim Eperson</td>
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<tr>
<td>Charlie Holdaway</td>
<td>Betty Kohal</td>
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<tr>
<td>Dylan Blane</td>
<td>Jim Reed</td>
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**Moving Meditation & Healing Music**

There are many ways to feel the Spirit of God within us. Join us for moving meditation followed by a sing along to music from the Great American Songbook.

**JOIN US EACH WEDNESDAY!**

**Moving Meditation:** 12 to 1pm - Hale Aloha

**Healing Music:** 1 to 2pm - Tom Poole’s office

**ALL ARE WELCOME!**

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**Scripture Reading Training Class**

Each Sunday we are blessed to be able to read, study, and learn from the scriptures. Join Worship and the Arts Director, Tom Poole, for a training class in the spiritual art of publicly reading scripture during worship services.

**Sunday, November 6, 2016**

**at 11:30am in the Sanctuary**

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**Confirmation**

**November 2016**

**Wednesday, November 2nd**—Jesus Calls the First Disciples. For questions, or to register your confirmand, please contact the church office at 808-377-5477.
Calvary by the Sea Sunday School

Sunday School welcomes all children ages 3-12 every Sunday. We start every service all together but once the keiki sermon has finished, Pastor Tim will send the children off with the Sunday School staff.

Please pick up your child(ren) after service, we will always be in the preschool building or on the playground.

Praying Right Now

Finding Stephen Ministers is the next step for our congregation’s Stephen Ministry. Right now we are praying for the individuals God is calling to serve as caregivers. God answers our prayers!

For more information about Stephen Ministry, contact John Travis at 371-2557.

Our Thoughts and Prayers are with...

Alicia & Celesta
Alohilani Kaleikau
Annie Christiensen
Arild Christiensen
Arthur Harvey
Beverly Twing
Bob Blew
Brandon White
Calvary Preschool
Carl
Carmen Terra
Cheryl Reed & ‘Ohana
Chuck & Carol
Mahon
Cindy Chow-Lapshies
Cristen Clark
Daralyn Pomroy
Day ‘Ohana
Della Turle
Denise Timmerman
Domenic Patti
Doyle Cox
Dr. Kristi Adachi
Drew Keith
Gina Choi
Herve Montagne
HKRC Residents
Jack & Shirley
James Rosenberry
Jiang
John Anolani Remus
Jonathan West
Johnson Family
Judy Magin
Judy Joseph
Julie D.
Kai Lapshies
Kim Tath
Lilianami Maslonka
Lisa Chaffin
Liz Miles
Lorraine M.
Louis C.
Machiko Somiya
Mackenzie Pagano
Mana Venable
Marika & Matt
Fleeger
Marty & Jen Welch
Mary Osorio
Mick K.
Miki
Miller ‘Ohana
Milton Okamoto
Myklyn Dillard
Nancy H.
Naomi Pickerel
Nick Pang & Family
Nicole Strighill
Olga Bohne
Pamela C.
Paris Lindsay
Patsy Chong
Paul Evans
Pearl Tranetzki
Poremba Family
Ramos Ohana
Rev. Larry Gardner
Rex Adelberger
Rhonda Chaffin
Robert Smith
Rusty Schultz & Family
Sage Kong Kee
Schmitt Family
Sharon Young-
Nakaue
Sheri Botsai
Shirley Forge
Shirley Hansen
Son Yoon
Susie Ahern
Sylvester Family
Teresa & Rocco
Fornaro
Tiffany Tyner
Tonga Ho & George
Ho
Ulf Andersen

Adopted Missionaries
Dr. Jim & Carolyn
Brown
Laura Katie Kam
Pastor Qiu Lin
Rev. Brian Palmer

Anthony de Mello: The Way to Love

Anthony de Mello, a Jesuit priest from India and modern day mystic, melded the teachings of Jesus and Buddha focusing on love. “The Way to Love” is the next set of teachings we will explore.

Beginning October 28, 2016
7:00-8:30pm in the Sanctuary

Kaleidoscoping Hearts

A healing, moving meditation practice.
Free and open to ALL!
All ages are welcome to come heal by moving with our indwelling spirit to the music of the liturgy.

Thursdays from 6:15 to 7:15pm
on the Oceanfront Lawn
Lead by Pulelehua Quirk as she heals in joy and wonder.

Questions? Visit http://kaleidoscopinghearts.com, e-mail kaleidoscopinghearts@gmail.com or call (808)377-5477. Also follow us at facebook.com/kaleidoscopinghearts

Sunday Service Worship Volunteers!

Volunteers are love in motion.

Introducing a new way to sign up for Sunday Service. Simply visit http://signup.com/go/cFppKY, then Sign Up! for as many worship duties as you’d like. Remember to provide your e-mail address so that you can receive a reminder e-mail as your date-of-service approaches. SIGN UP TODAY!

The best way to find yourself is to lose yourself in the service of others - Gandhi
Aloha Groups at Calvary

THE ADULT FORUM Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. The Forum meets when a topic or series have been developed. Watch the Sunday activity bulletin, and newsletter for topics.

ANGEL NETWORK CHARITIES Donations through “The Whale” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mac” Macalino at 386-8644.

BIBLE STUDY CLASS Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 2 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

BOOK OF THE MONTH GROUP October’s book of the month is “Murder in Coweta County” by Margaret Barnes. Our meeting will take place on Thursday, October 27, 2016 at 6:00pm at Assagio’s Koko Marina. For questions, please contact Cindi John at 225-8240.

CALVARY IN THE SEA (CITS) Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 253-970-2435.

CANCER COACH Have you had cancer? Do you have a family member who had or currently has cancer? Need to talk to someone? Jesse Jones, a 32 year cancer survivor, offers one-on-one support sessions. Please contact Jesse at jj42aol@gmail.com or by phone at 702-493-0066.

GLOBAL MISSIONS TEAM For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

KE ALA OLA Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kauai Lucas at 282-2007.

MEN'S ADVENTURES IN SPIRITUALITY A group not for everyone. Meets Saturdays at 7:30 am on the Marina side of Cha Cha Cha Salsaria in Hawaii Kai. Ed Kimsey, 732-0268.

PRAYER CIRCLE Come join Pastor Tim in his office on Thursday mornings at 9:00 am for Prayer Circle! We will pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

STEPHEN MINISTERS Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

YOGA BY THE SEA Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45 pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

ZUMBA BY THE SEA Join fitness instructor, Brenda Molina, at Zumba by the Sea. Classes are held each Wednesday at 5:30 pm in Hale Aloha. Check-in at 5:20 pm. Zumba is great for all ages and fitness levels. Please wear comfortable shoes and workout clothing. For more information call or text Brenda at 808-675-8801, or e-mail her at brendastarr7@gmail.com for details.