We are blessed to be able to gather around “the altar” and partake in Communion. Join Pastor Tim for a training class on the spiritual art of setting the altar and serving Communion.

Sunday, October 30
9-9:30 a.m. in the Sanctuary

*Participants must be baptized and confirmed to serve at the Table.
**Flowers for the Altar**

We extend a BIG Mahalo to

**Cindy Sharp**

Who provided today's Flowers for the Altar.

---

**Sunday Refreshments**

Big THANK YOU to

**Judith Cucco**

Who provided the Sunday service refreshments.

---

**Happy Birthday**

<table>
<thead>
<tr>
<th>Date</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 19</td>
<td>Brian Ako</td>
</tr>
<tr>
<td>October 20</td>
<td>Eric Fleming</td>
</tr>
<tr>
<td>October 22</td>
<td>Garret Pick, Thomas Solywoda, Adam Sylvester</td>
</tr>
</tbody>
</table>

---

**Sacred Moves**

This FREE 10-class course is open to dancers of all skill levels. **Mondays from 6:00-7:30pm in Hale Aloha continuing October 17, 2016.**

Move your body and your spirit as we worship and praise together.

Simple dance moves accessible to all. Folks of all mobility and dance experience welcome.

**Sponsored by the CBTS Endowment Fund.**

---

**Confirmation**

**October 2016**

- **Wednesday, October 19** at 6pm- Ohana Lani
  - The Wilderness Temptations

  For questions, or to register your confirmand, please contact the church office at 808-377-5477.

---

**THIS WEEK’S CALENDAR**

**Sunday, October 16, 2016—Founder’s Sunday**

- 7:30am Worship
- 10:00am Worship
- 10:10am Sunday School
- 3:00pm PAC Rehearsal
- 5:00pm AA Meeting

**Mondays from 6:00-7:30pm in Hale Aloha October 17, 2016.**

Move your body and your spirit as we worship and praise together.

Simple dance moves accessible to all. Folks of all mobility and dance experience welcome.

**Sponsored by the CBTS Endowment Fund.**

---

**Praying Right Now**

“So we fasted and petitioned our God about this, and he answered our prayer” (Ezra 8:23).”

Finding Stephen Ministers is the next step for our congregation’s Stephen Ministry. Right now we are praying for the individuals God is calling to serve as caregivers. Please include this need in your prayers. God answers our prayers because he is faithful.

**For more information about Stephen Ministry, contact John Travis at 371-2557.**
There are many ways to feel the Spirit of God within us. Join us for moving meditation followed by a sing along to music from the Great American Songbook. We will move gently to sacred songs tuning us into our bodies and welcoming the Spirit of God to fill us. Then we will come together to sing in celebration of life. We will focus on the breath and the source of living love.

JOIN US EACH WEDNESDAY!

**Moving Meditation:** 12 to 1pm - Hale Aloha

**Healing Music:** 1 to 2pm - Tom Poole’s office

ALL are welcome!
*Hosted by Calvary by the Sea and Sacred Dance Guild Hawaii.*
Aloha Groups at Calvary

THE ADULT FORUM Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. The Forum meets when a topic or series have been developed. Watch the Sunday activity bulletin, and newsletter for topics.

ANGEL NETWORK CHARITIES Donations through “The Whale” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mac” Macalino at 386-8644.

BIBLE STUDY CLASS Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 2 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

BOOK OF THE MONTH GROUP October’s book of the month is “Murder in Coweta County” by Margaret Barnes. Our meeting will take place on Thursday, October 27, 2016 at 6:00pm at Assagio’s Koko Marina. For questions, please contact Cindi John at 225-2842.

CALVARY IN THE SEA (CITS) Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 253-970-2435.

CANCER COACH Have you had cancer? Do you have a family member who had or currently has cancer? Need to talk to someone? Jesse Jones, a 32 year cancer survivor, offers one-on-one support sessions. Please contact Jesse at jj42aol@gmail.com or by phone at 702-493-0066.

GLOBAL MISSIONS TEAM For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

KE ALA OLA Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kauki Lucas at 282-2007.

MEN'S ADVENTURES IN SPIRITUALITY A group not for everyone. Meets Saturdays at 7:30 am on the Marina side of Cha Cha Cha Salsaria in Hawaii Kai. Ed Kimsey, 732-0268.

PRAYER CIRCLE Come join Pastor Tim in his office on Thursday mornings at 9:00 am for Prayer Circle! We will pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

STEPHEN MINISTERS Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

YOGA BY THE SEA Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45 pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

ZUMBA BY THE SEA Join fitness instructor, Brenda Molina, at Zumba by the Sea. Classes are held each Wednesday at 5:30 pm in Hale Aloha. Check-in at 5:20 pm. Zumba is great for all ages and fitness levels. Please wear comfortable shoes and workout clothing. For more information call or text Brenda at 808-675-8801, or e-mail her at brendastarr7@gmail.com for details.