CARING FOR LOVED ONES

A 9-Part Family Caregiver Workshop

Sunday’s TODAY October 15 from 11:30am to 12:30pm

As a society, we are living longer with more complicated chronic conditions. An increase in the population of seniors in Honolulu has emphasized the need for affordable, quality, home care services. Home Care Family Workshops were developed to meet this need.

This 9-part workshop series is FREE!
Attendees will receive information related to that weeks subject.

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For questions or to register, sign-up at the ushers table, call 808-377-5477 and speak with Lehua, or email: Rhonda Dietsch at rdietsch20@gmail.com.
Sunday Refreshments
Sign up to provide refreshments for Sunday Services on the 2017 Food Chart at the back of the Sanctuary.

Happy Birthday
October 15 Steve Egesdal
October 19 Brian Ako
October 19 October 21 Tyler Borror
October 20 Janet Pick
October 20 Denny Schwartz
October 20 Eric Fleming

Voice Class
NO WEDNESDAY VOICE CLASS on October 18, 2017.
Class will resume on October 25, at 1:00pm in Tom’s Office.
This is a chance to gather, sing some of the “old standards,” and to enjoy the music and each other.

Donate to the ELCA Hurricane Relief

ONLINE:
Visit elca.org and click the red Give Now button under the Hurricane Relief ad.

BY CHECK:
Please make checks payable to Lutheran Disaster Response place check in any Calvary offering bowl or Mail check to: Evangelical Lutheran Church in America P.O. Box 1809 • Merrifield, VA • 22116-8009

BY PHONE:
Monday through Friday 8am– 5pm Central Time 800-638-3522

ANC News
ANC will be CLOSED from Monday, October 16– Friday October 20 Normal hours will resume on Thursday, October 26.

The next ‘Ohana Drop scheduled for Friday, October 27, from 12:30-3:00 p.m.
ATTENTION ALL YOUTH at Calvary by the Sea!
Your youth group want YOU!
Please email AlohaYouthByTheSea@gmail.com to RSVP or get more information for any and all of the events below.

- **Saturday, October 28 from 3-7pm**
  - Painting the youth trailer.
- **Sunday, November 12 from 12-3pm**
  - Youth will help set up for Marissa’s father’s Celebration of Life.
  - Then rehearsal for Youth Sunday.
- **Saturday, November 18 from 5-6:30pm**
  - Mandatory rehearsal for Youth Sunday.
- **Sunday, November 19 from 7am-12pm**
  - Youth Sunday!
- **Thursday, November 23 – time tba**
  - An ANC Thanksgiving. Youth will participate in serving food at ANC.

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### Our Thoughts and Prayers are with...

- Alicia & Celesta
- Alohilani Kaleikau
- Beverly Twing
- Bill Speer
- Bob Blew
- Brandon White
- Carl
- Cheryl Reed ‘Ohana
- Christensen ‘Ohana
- Cindy Chow-Laplshies
- Cristen Clark
- Daralyn Pomo
- Day ‘Ohana
- Denise Timmerman
- Domenic Patti
- Dorothy Ako
- Doyle Cox
- Drew Keith
- Dr. Arthur Harvey
- Dr. Francis Johnson
- Ed Millen
- Eric Pia
- Fleeger Family
- Forre Family
- Fornaro Family
- George Ho
- Gina Choi
- Herve Montagne
- HKRC Residents
- Hoffmann Family
- Jack & Shirley
- Jack Aaron & Family
- Jadon Sansgaard
- James Rosenberry
- Jane Yakuma
- Jiang
- Johanna Rozzi

- John Remus
- Jonathan West
- Johnson Family
- Judy Joseph
- Judy Kimsey
- Judy Magin
- Julie D.
- Julie Wong
- Justin Dunn Ohana
- Kalani Osorio Ohana
- Kai Lapshies
- Karen Sisler
- Kayla Simmons
- Kim Kono
- Kong Kee
- Lana Kaolelopono
- Laura Srows
- Lillian Maslonka
- Lisa Chaffin
- Lorraine M.
- Louis C.
- Machiko Somiya
- Mackenzie Pagano
- Mahon ‘Ohana
- Marty & Jen Welch
- Matthew L.
- Meghan Mix
- Mick K.
- Milton Okamoto
- Myklynn Dillard
- Nakashima Family
- Nancy H.
- Naomi Pickerel
- Nick Pang Family
- Nick Potito
- Olga Bohne
- Pamela C.
- Paris Lindsay
- Patsy Chong
- Paula Orr
- Pearl Tranetzki
- Ramos Ohana
- Rex Adelberger
- Rhonda Chaffin
- Robert Smith
- Sage Kong Kee
- Schultz Family
- Sharon Nakaue
- Sheri Botsai
- Skip Boulton
- Son Yoon
- Susie Ahern
- Tag Kickland
- Tiffany Tyner
- Tina Howard
- Tonga Ho
- Ulf Andersen Ohana
- Victoria Macalino
- Vince Rozzi
- Virginia Velci
- Wright Ohana
- Youngman Kwon

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### Global Missions TALK STORY POTLUCK with THE BROWNS

Join the Global Missions team as they spend an afternoon with Calvary missionaries, Dr. Jim Brown & Carolyn Brown. The Brown’s will share details of the phenomenal work they are doing on the other side of the world!

**Saturday, October 29, 2017 11:45 a.m. in ‘Ohana Lani.**
Please bring a small-medium sized dish or pupu to share.

We ask that any abled individuals help with a quick set-up of 3-4 tables before the event.

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**Moving Meditation**

**Held Sunday’s at 5:16pm on the Sanctuary Lawn**
- and -
**Wednesday’s at 2:08pm In Hale Aloha.**

Hearts lead by Pulelehua.
For more information please visit kaleidoscopinghearts.com
THE ADULT FORUM  Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. Watch the Sunday activity bulletin, and newsletter for topics.

ANGEL NETWORK CHARITIES  Donations through “The Whale” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mae” Macalino at 386-8644.

BIBLE STUDY CLASS  Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 1 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

BOOK OF THE MONTH GROUP  October’s Book of the Month is “Chosen Forever” by Susan Richards. Our next meeting will be held at Assagio’s Koko Marina on Thursday, October 26, 2017 at 6:00pm. For more information please call Cindi John at 225-8240.

CALVARY IN THE SEA (CITS)  Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 808-312-0859.

GLOBAL MISSIONS TEAM  For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

KE ALA OLA  Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kaui Lucas at 282-2007.

MEN'S ADVENTURES IN SPIRITUALITY  A group not for everyone. Meets Saturdays at 7:30 am on the Marina side of Cha Cha Cha Salsaria in Hawaii Kai. Ed Kimsey, 732-0268.

PRAYER CIRCLE  Come join Pastor Tim at his weekly Prayer Circle held each Thursday morning at 10:30 am. Prayer is held in the Hawaii Kai Retirement Community, Phase 2 building. We pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

STEPHEN MINISTERS  Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

YOGA BY THE SEA  Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

ZUMBA BY THE SEA  Join fitness instructor, Brenda Molina, at Zumba by the Sea. Classes are held each Wednesday at 5:30 pm in Hale Aloha. Check-in at 5:20 pm. Zumba is great for all ages and fitness levels. Please wear comfortable shoes and workout clothing. For more information call or text Brenda at 808-675-8801, or e-mail her at brendastarr7@gmail.com for details.